

Program Funding Provided By
BC Ministry of Children &
Family Development (MCFD)

UNYA Contacts

Phone

UNYA Main Office	604.254.7732
Aboriginal Outreach Team	604.254.5147
Aboriginal Transition Team	604.254.7732
Aboriginal Wellness Counsellor	604.254.7732
AYF Sports & Recreation Program	604.254.7732
Aboriginal Youth Safehouse	604.254.5147
24 hour Youth Info & Referral Line	1.877.223.4321
Aboriginal Youth Worker	604.254.7732
Alcohol & Drug Counsellors	604.254.7732
Alcohol & Drug Counsellor at BYRC	604.709.5720
Aries Program	604.255.1326
Cedar Walk Program	604.708.9130
Kinnections Program	604.254.7732
Mediation Program	604.254.7732
Mentorship Program	604.254.7732
Music, Arts & Culture (MAC) Program	604.254.7732
Native Youth Learning Centre	604.254.5620
Overly Creative Minds (OCM) Program	604.254.7712
Ravens Lodge	604.254.7732
School Support Team	604.254.7732
Young Bears Lodge	604.322.7577
Young Wolves Lodge	604.321.1118

Urban Native Youth Association

UNYA began in 1988, has 20+ programs, 110+ volunteers, 200+ community partners, 100 staff, and over 25,000 visits per year. Youth are consulted in the development of programs and services as we believe they are experts in their own lives and are in the best position to advise us on youth issues.

Our programs are developed to help meet the educational, training, cultural, artistic, and personal needs of Native youth. We continue to focus on community development initiatives, as we believe that the strengthening of our community as a whole can have a tremendous and positive impact on Native youth's lives.

We believe that Native youth have the right to live safe, healthy, and positive lives that are free from negative influences. We strive to address issues that negatively affect their lives by providing a supportive continuum of care, with a large focus on prevention-based activities as we believe that Native youth lack opportunity – not ability. We know that when youth have access to meaningful opportunities, they excel as they have many strengths to build upon. We will continue to adapt to meet the changing needs of Native youth to help ensure that they have the best chance possible to reach their goals and full potential.

Publications available in pdf online at www.unya.bc.ca are focused on health, parenting, sexual exploitation, healthy cooking on a budget, Two-spirit, sports & recreation, and the ins & outs of college and university



Are you having
problems with
parents, teachers,
friends, your
partner, or others?
If so, we can help

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Mediation Program
1618 East Hastings St, Vancouver, BC
Ph: 604-254-7732
mediation@unya.bc.ca

UNYA - 1618 East Hastings Street
Vancouver, BC, V5L 1S6
Ph: 604-254-7732 Fax: 604-254-7811
www.unya.bc.ca www.nativeyouthcentre.ca



Urban Native
Youth Association

Are you having a problem with someone and want to talk to them about it?

We all sometimes have a hard time getting others to understand our point or message, or for us to get their's. This can lead to arguments, hurt feelings, or confusion with other people in our lives. We can help you to get your thoughts, message, feelings, or opinion across so that other people will hear you. We can also help you to hear their message. People you might want us to help you talk things out with include:

- Family: parent, brother, sister
- Girlfriend or boyfriend
- Friends or teammates
- Youth worker, social worker, mentor, or other support person
- Teachers, counsellors, or students
- Foster parent or other guardian

We will not force you to agree to anything. Instead, we will help to keep calm and respectful communication so that everyone can see the issues from all sides. This will help everyone be open to working on finding solutions that everyone can live with.

How can we help you?

Help identify issues or problems
Help find ways that each person can 'give and take' to solve the issue
Help find things that you can agree on
Help learn skills that you will be able to use later to prevent more problems

How does this program work?

- We will meet with a youth first to talk about the problem, then meet with other people if needed before everyone meets as a group
- At the beginning of the meeting, the worker will talk with everyone about how to keep calm and respectful
- The worker will help keep the conversation focused so everyone gets to say what they think the issue is, and how it can be fixed
- Usually there is a need for more than one group meeting
- We can also work with youth after the meeting to help them learn healthy communication skills

Program Goals

- To help youth deal with a problem in a healthy way
- To help youth develop healthy problem solving and communication skills

Who Can Participate?

- Aboriginal youth ages 12-18
- Others who youth invite to participate

We gratefully accept donations of:
Gift certificates for local events

Referral Form

** Social Workers – please use the 'Youth Program Referral Form' only

Youth Name: _____

Birth date: _____

Address: _____

Phone: _____

Email: _____

Signature: _____

If you are a professional referring a youth, please fill out the information below so we can connect with you about getting your client involved with the program

Referrer's Name: _____

Referrer's Program/Agency: _____

Phone: _____

Fax completed form to
604-254-7811 or drop off at
1618 East Hastings Street